

#### Physical Geography - Laboratory Work



@GeographyLabs



#### **IMPORTANT CONTACT DETAILS:**

#### Laboratory Manager:

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#### Senior Research Laboratory Technician:

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#### **Technical Laboratory Research Assistant:**

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#### Building, Health and Safety Manager:

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https://www.geog.cam.ac.uk/facilities/laboratories/safety/





Advice to Students
on Safety in the
Geography Science Laboratories

Safety and Security Handbook

https://intranet.geog.cam.ac.uk/safety/handbook/



Laboratory Safety = Common Sense + Planning



# RISK ASSESSMENT

https://www.geog.cam.ac.uk/facilities/laboratories/safety/riskassessment/



#### CHEMICAL HAZARD RISK ASSESSMENT

(C.H.R.A.)

https://www.geog.cam.ac.uk/facilities/laboratories/safety/riskassessment/chemhaz/

"Permits to work"



- Rules for Safe Working.
- Fume Cupboards.
- Electricity.
- Water.
- Fire.
- Chemicals, Flammables & Explosive Substances.
- Vacuum Techniques.
- Lone Working & Use of Equipment Overnight.
- Compressed Gases.
- Biological Hazards & Foreign Soils.



# Rules for Safe Working in the Geography Science Laboratories

- Risk Assessments and C.H.R.A.; a Legal Requirement.
- Read & observe special safety instructions.
- Never eat or drink in the laboratories.
- Always wear a lab coat, face mask, keep long hair tied back.
- Keep your work area tidy; store samples properly.
- Wash hands & remove lab coat when leaving the laboratory.
- Never use equipment unless authorised & trained.
- Report any accident, dangerous occurrence or injury.





in the Geography Science Laboratories during COVID19

- Contact a member of lab staff via email in advance.
- Lab induction via Zoom
- Policy document
- Self declaration form
- Risk Assessment for working in the laboratories during COVID19.
- Observe special safety instructions.

https://www.cam.ac.uk/coronavirus/stay-safe-cambridge-uni





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## Fume Cupboards

- Your principal protection from hazardous substances.
- Fume Cupboards; general work and solvents.
- Acid Digestion Fume Cupboards; Concentrated acids.
- Must be kept clean and tidy.
- Must be switched off when not in use.
- Front of Fume Cupboard to be kept closed as far as possible.
- Overnight running must be clearly signed.



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## Electricity

- Electric Shock & Electrical Fires.
- Report any malfunctioning equipment.
- Beware of worn or damaged cables, plugs & sockets.
- Check whether equipment has been electrically tested.
- Electrical equipment which uses water presents a special hazard.



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#### Water

- Secure water supply & drainage for equipment.
- Never leave running water experiments overnight.
- Always clear up spillages.



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# Fire

- Flammable Materials and Electrical Fires.
- Do you know where the Fire extinguishers are?
- Do you know which type to use?
- Do you know the Fire Escape Routes?
- Never wedge open a Fire Door.





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# Chemicals, Flammables & Explosive Substances.

- Hazards include; Ingestion, Inhalation & Contamination.
- C.H.R.A is a Legal Requirement before use.
- Do you understand the Risks and how to minimize them?
- Do you understand how to Protect Yourself and Others?
- Do you know to deal safely with a spillage?
- Can you cope in an emergency?
- Special rules for Flammables & Explosives.







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# Vacuum Techniques

- Danger from the Implosion of Evacuated Vessels.
- Vessels must be screened by gauze or wrapped in cling film.
- Workers must wear eye protection.
- Never draw solvent vapour through a vacuum system; use a trap.



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# Lone Working & Use of Equipment Overnight

- Working out of hours can be very Hazardous;
   It is an Exceptional Privilege and is generally discouraged.
- You must plan your work & inform staff of your intention.
- You must inform someone at home or College; Where & When?
- Certain procedures are prohibited out of hours.
- A 'buddy' system of working is recommended.
- Equipment running overnight must be clearly signed.



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# Compressed Gases

- Danger from the Explosions, Falling Cylinders and from the Gases themselves
- Handle cylinders with great care; always ask for assistance.
- Do you understand how to operate a regulator properly?
- Do you understand the properties of the gas?
- Always close valves when not in use.
- Report suspect or leaking regulators or pipework.
- If in doubt ask for help!





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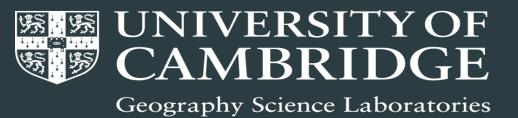


# Biological Hazards & Foreign Soils

- Licence to Import Foreign Soils and Plant Materials; Restrictions
- Foreign Soils: Foreign Hazards?
- Anthrax: A British Reality!
- Other Pathogens; Samples from the Sewage Outfall!
- Always use personal protection.
- Always plan the storage of potentially hazardous samples.









#### 'Planned Work is Safe Work'



# RISK ASSESSMENT



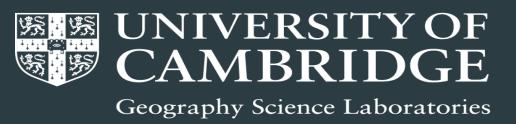


Risk = Severity of a hazard x Likelihood



#### Risk Assessment (RA)

- Use of Apparatus, Equipment or Machinery.
- A safe system of working must be agreed.
- Risk Assessment identifies risks to YOU.
- Control measures must be established.
- Risks must be avoided or minimised.
- Set out agreed courses of action.
- ▶ It is a legal requirement of lab work.



# Chemical Hazard Risk Assessment



# Chemical Hazard Risk Assessment

- Use of Substances Hazardous to Health
- ▶ All substances involved in a process must be considered.
- ▶ All reactions and by-products must be assessed.
- Personal Protection and Emergency Action will be stated.
- You must understand the hazards and the control measures.
- C.H.R.A forms are audited & reviewed annually.
- It is a legal requirement of lab work.
- Unassessed experiments will be suspended.



## 'So, you want to do lab work?'

Then get yourself some....

- ► Common Sense.
- ▶ Planning.
- ▶ Risk Assessments.
- ► Chemical Hazard Risk Assessments.

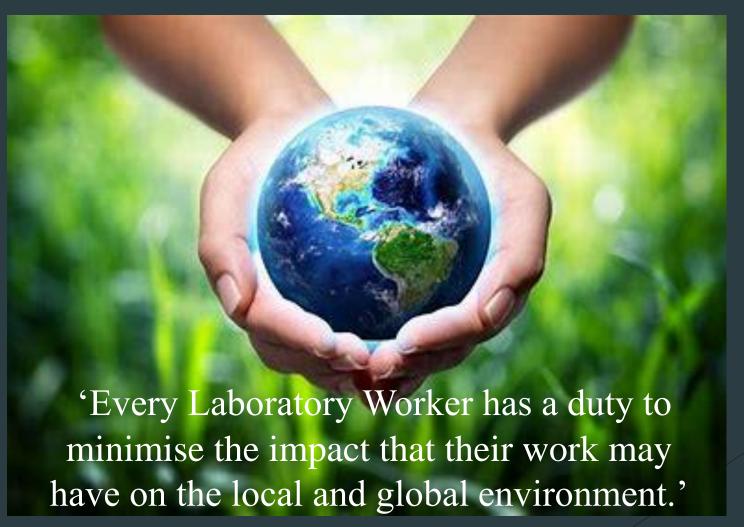




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#### 'What about the Environment?'







#### Rise to the Cambridge Green Challenge

Everyone has a role to play in reducing our environmental impact and creating a sustainable University. Collectively all of our actions add up to make a big impact.

The Cambridge Green Challenge is our way of building a sustainable University, and you can get involved in lots of different ways:

Become an ambassador for environmental issues as an Environment and Energy Coordinator.

Join a Green Impact team and make real environmental change in your department.

Test out your research on the University estate through a Living Lab project.

Download posters, stickers and all the resources you need to spread the sustainable message.

Keep up to date with the latest sustainable news and events with our Greenlines newsletter.

Gamify your sustainable solutions and enter The Carbon Challenge.

#### Find out more and get involved

f /CUenvironment @CambridgeSust environment.admin.cam.ac.uk



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